

My PRIDE List

© Lifestyle Leaders, PS & T Stewart, 1981. (Version 1.3 – June 2006)

Throughout my life, of what & of whom have I been proud ?

Name:

Date:

<div>Items</div> <div>Life Phase</div>	Family & friends	Achievements (things I've done)	Things I have owned	Other people & things with whom or which I have been associated
Example:	Mum, best mate(Steve), heritage.	Learned to swim	My first car (Simca)	My footy team
Child				
Teen				
Adult				
Things of which, in the future, I intend to be proud.				